

TRUE STORY...

Sunday, March 9, 2025:

BABY STEPS

LIZZY ROSS is an actor, writer, graphic artist, and sled dog wrangler. She's the founder and producer of the True Story program and also your host for this evening. She's very thank-ful you're here. If you'd like to know anything else please visit lizzyross.com.

GORDON HENDERSON is a Los Angeles based artist and radio announcer. He makes a yearly art calendar called the Nib Geebles calendar.

RAFEAL CLEMENTS has worked as an actor, teacher, and director since 1985 performing the works of playwrights as varied as William Shakespeare, Tony Kushner, Caryl Churchill, Lynn Nottage, Bertolt Brecht, Tennessee Williams, Anton Chekov, Kia Cothron, Romulus Linney, Timberlake Wertenbaker, and Michael Henry Brown. Rafeal has performed regionally with Houston's Alley Theater, Yale Rep, Hartford Stage Company, Indiana Rep, Portland Stage Company, Berkshire Theater Festival, Playmakers Repertory Company, The Clarence Brown Company, Playhouse on the Green, and the Carpetbag Theater. New York Theater credits include stints with the Public Theater/New York Shakespeare Festival, New Federal Theater, Target Margin, Circle Rep Company, HERE, Prospect Theater Company, The Hotel Savant, Ensemble Studio Theater East, and The Lavk Play Development Center. Los Angeles Theater includes time with Sacred Fools, Company of Angels, City Garage, and Independent Shakespeare Company. Film and TV credits include roles on "Law and Order", "As the World Turns", "Another World", "New York News", "Bandwagon", "Fiveflies", and "The Heartland Series." Rafeal has taught acting, scene study, voice, and speech on the high-school level and in acting schools. He currently has spent the past 15 years working with a public charity that provides healthcare to low-income communities in Los Angeles. Rafeal is a graduate of the University of Tennessee and Yale School of Drama.

TERRE FALLON Terre Fallon Lindseth, USAR, Ret. served for 27 years. She enlisted in 1978, at the age of 17, in the Army National Guard. She was commissioned as a 2nd Lieutenant in 1981 and served in the 40th Infantry Division (M) for 14 years. In 1992, as a Company Commander, she deployed with her unit to the L.A. Riots. In 1996, she transferred to the Army Reserves, joining the 425th Civil Affairs Battalion and was deployed on multiple, short missions as a team chief to South Korea, Thailand, and Germany. In 2000, she deployed to Bosnia where she served as Deputy Director of Civil Military Operations in the Tuzla area. She was medically retired in 2006 due to injuries sustained while in Bosnia. She also worked as a middle school teacher in Los Angeles for 17 years, teaching Language Arts and Industrial Technology. Due to complications associated with hearing loss sustained while in the military, she was forced to retire in 2013. Terre is happily married to Odd Arne Lindseth who is a retired Lieutenant from the Royal Norwegian Airforce. They reside in Los Angeles but

spend the summer months in Norway at their summer farmhouse on the fjord where they spend time with the kids and grandkids. As a hobby, Terre is a photographer. You can see her photos at TerreFallonPhotography.com. She also writes with "The LiT Squad", a veteran's writers' group, and participates in readings in the Los Angeles area with the rest of the squad.

ALEX ALPHARAOH is a nationally recognized Guatemalan born actor, writer, poet, solo performer, and teaching artist from Los Angeles. He is a 2022 Disruptors TV Writers Fellow, a 2023 NEXT Commissions fellow for Antaeus Theatre Company, and a 2023 Musical Theatre Factory Writer's fellow. His autobiographical Solo show titled *WET: A DACAdmented Journey*, earned him the 2018 L.A. Drama Critics Circle award for best solo performance, as well as recognition in 2023 by Los Angeles' Stage Raw Awards. *WET* was published as part of the "Seeking Common Ground: Latinx and Latin American Theatre and Performance" anthology. His spoken word ode to his beloved Los Angeles and Shakespeare titled, "O-Dogg: An Angeleno Take on Othello", has been workshopped at A Noise Within's NOW Festival, Garry Marshall's New Works Festival, REDCAT New Works Festival, EST/LA's Winterfest, and a Virtual Reality experience featuring Tariq "Black Thought" Trotter, was part of Oregon Shakespeare Festival's inaugural festival called Quillfest. *O-Dogg* was also featured in Carla Della Gatta's "Latinx Shakespeare's, Staging U.S. Intercultural Theater". His latest classic adaptation, *R&J: Rolling Through East L.A.* was produced by Cholavision Productions as a workshop premiere for his No Fronts Actors Workshop, which he leads as founder and lead instructor. Alpharaoh's first poetry book titled, "Chimeras DREAM On Barren Lands" is slated for release in early 2024 through El Martillo Press.

JIM LUNSFORD (he/him/his) Some of Jim's produced plays include *FEED* (nominated for four LA Weekly awards and published by Next Stage Press), *Facing the Calm* (Knightsbridge Theatre/Los Angeles), *Waltzing at the Regency Diner* (Expanded Arts Theatre/New York, and Attic Theatre/Los Angeles), *A Hostile Takeover in Battery Park* and *Flying Fish* (both produced and published by Center for the Arts/Bonita Springs, Florida), and *Departures* (NoHo Arts Center/Los Angeles). Development and workshops: *The Public Theatre* (Optimistic Voices, A collage for Ukulele, directed by Rachel Chavkin), *The Cherry Pit* (A Dog-Eared Truth, directed by Nancy Robillard), and *The Goldberg Theatre Festival of New Works* (An Imperfect Understanding). His play *Fray*, was an O'Neill Playwright's Conference semi-finalist and a New American Voices selection. Other writing includes the short film *The Wish* (Stonestreet Studios), and spec scripts for *The Walking Dead* and *Dexter*. Currently he is developing an original cable series, *Life Between Hope and Mercy*. He writes a blog reflecting on his life as a long-term survivor called *Coming Clean: Confessions of an HIV-Positive Dad*, and is a guest blogger for *Gays With Kids* and *The Good Men's Project*. He received a two-year fellowship from NYU's Tisch School of the Arts where he earned an MFA in Dramatic Writing, and he has a BA in theatre from California State University, Northridge. Jim is a proud member of SAG-AFTRA, The Dramatists Guild of America, Ensemble Studio Theatre/Los Angeles (EST/LA) and EST/LA's Playwrights Unit.

NEXT UP:

May 4, 2025

with the theme: MAY THE FORCE BE WITH YOU

Super special thanks to:

CHRISTOPHER REILING, HEATHER ROBINSON,
YAK MANRIQUE, DAVID BROWN, EVE SIGALL, TOM STRINGER, AND TRACEY A. LEIGH